

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Programmers: Karla & Tanya Recreation Therapist: Charlotte		1 10:00 Exercises (6) 1:30 Bingo (2) 6:30 Baking (5)	2 10:00 Mini Manicures (3) & (1) 1:30 Out for a drive	3 10:00 Tea Talk (5) Walking Program 2:00 Mass (4)	4 10:00 Central School Visit (6) 10:00 Lexicon (5) 1:30 Music with Sheila (1)	5 
6 	7 Oktoberfest 10:00 Knitting Club (6) 1:30 Beer Tasting (4) 7:00 Fireworks	8 10:00 Balloon Volleyball (3) 1:30 Bingo (2)	9 10:30 Ellenwood Picnic	10 10:00 Tea Talk (5) 2:00 Mass (4)	11 10:00 Lexicon (5) 1:30 Bowling @ Brunswick Bowling Lanes	12
13 2:30 Yarmouth Wesleyan Church Service (BR)	14 Happy Thanksgiving 6:30 Blue Country (6)	15 10:00 Hang Man / Spelling Bee (BR) 1:30 Bingo (2)	16 10:00 Pumpkin Painting (2) 1:30 Bean bag toss (1)	17 10:00 Tea Talk (5) 2:00 Mass (4) 5:00 Dinner group (BR) 6:30 Tuskett Jammers (4)	18 10:00 Lexicon (5) 11:30 Out for lunch at The Windlass	19 
20 	21 Alzheimer's Conference (Tanya & Karla away)	22 10:00 Balloon Volleyball (3) 1:30 Bingo (2)	23 10:00 Personal Visits 1:30 Birthday Party with the Scallywags (6)	24 10:00 Tea Talk (5) Walking program 2:00 Mass (4)	25 10:00 Lexicon (5) 1:30 Men's Group @ Brunswick Lanes	26 1:00 Kids Halloween Party
27 2:30 Yarmouth North Baptist Church Service (BR)	28 10:00 Move & Groove (1) 1:30 Making treat bags (BR) 6:30 Personal Visits	29 10:00 Residents Council (BR) 1:30 Bingo (2)	30 10:00 Halloween Trivia (6) Halloween Party (3)	31 10:00 Tea Talk (5) 2:00 Mass (4)	Please note that all programs are subject to change.	

October Birthdays - Phyllis Deveau (4), Betty Frotten (18), Betty Boudreau (23), Dolly LeBlanc (28), Jules Doucette (28)